## Questions about you

1. Are you: male/female

2. How old are you? years

3. Which country were you born in?

New Zealand Australia England Scotland China (People's Republic of) South Africa Samoa Cook Islands Other. Please type the name of the country:

4. Which ethnic group do you belong to? Mark the space or spaces which apply to you.

New Zealand European Māori Samoan Cook Island Maori Tongan Niuean Chinese Indian Other such as DUTCH, JAPANESE, TOKELAUAN. Please state:

5. Are you right-handed, left-handed or ambidextrous? (An ambidextrous person is able to use their right and left hands equally well.)

6. In how many languages can you hold a conversation about a lot of everyday things?

7. How tall are you without your shoes on? Answer to the nearest centimetre.

8. What is the length of your right foot, without a shoe? Answer to the nearest centimetre.

9. What is your arm span? Answer to the nearest centimetre. (Open arms wide, measure distance from tip of right hand middle finger to tip of left hand middle finger.)

10. What is the circumference of your wrist? Answer to the nearest centimetre.

11. What is the circumference of your neck? Answer to the nearest centimetre.

12. What is your popliteal length? Answer to the nearest centimetre. (The popliteal length is the measurement from the underside of the leg right behind the knee when seated, to the floor. Taken with shoes off.)

13. What is the length of your index finger to the nearest millimetre?

14. What is the length of your ring finger to the nearest millimetre?

## Questions about school

15. What is the main method of transportation that you usually use to get to school? Pick one of the following:

walk car bus train bike boat other

16. How long does it usually take you to get to school? Answer to the nearest minute.

17. What is the weight of your school bag today? Answer to the nearest 100g. (Weigh your school bag with all your books and other materials you brought to school today.)

18. How do you usually carry your school bag:

Two straps, one on each shoulder One strap, over one shoulder One strap, going diagonally across your body Hold in your hand(s)

19. What is your favourite learning area?

English The Arts including Dance, Drama, Music, Visual Arts Health and PE including Health, Physical Education and Home Economics Languages including Maori Mathematics and Statistics Science including Biology, Physics and Chemistry Social studies including History, Geography, Economics Technology including Graphics

20. Do you think you are good at: To give an answer you must click on the slider box or move it to a new position. Not good . Very good Sport Maths Reading Music Dancing Art

## Questions about activities you do

21. How fast is your reaction time? Click on the green button. When it turns red, click it as fast as you can.

22. In what sport or activity do you most enjoy participating in?

23. Which of the following do you have? (You may tick more than one)

a TV in your bedroom your own MP3 player e.g. iPod access to the internet at home your own Bebo page your own MySpace page your own Facebook page Skype on a computer at home a game console at home e.g. PlayStation, Xbox, Nintendo none of these

24. How long have you had your current cellphone for? (If you have more than one, choose the newest cellphone.) Approximately:

25. In the last seven days, which of these online activities have you done? (You may tick more than one)

Downloaded or listened online to music Downloaded or viewed online video (e.g. YouTube, TV shows, movies) Played online game(s) Kept in touch with friends Related to school work Have been online but did none of the above activities Have not been online in the last seven days

26 a. About what time did you go to sleep last night?

26 b. About what time did you wake up this morning?

27. How physically fit do you think you are?

Unfit A little bit fit Quite fit Very fit

28. What is your resting pulse rate? (Measure for 15 seconds and multiply by 4, measure after sitting for at least 10 minutes.)

## Questions about your opinions

29. What is your favourite TV show?

30. What do you think is the best thing about living in New Zealand?

31. If you could do one thing to make New Zealand a better place to live, what would it be?

32. Which of the following countries would you most like to visit on holiday?

Australia Fiji United States of America United Kingdom China (People's Republic of) Cook Islands Samoa Thailand

33. How important are the following issues to you? Mark onto the scale your level of importance. To give an answer you must click on the slider box or move it to a new position. Not at all Important . Very Important a. Global warming b. Reducing pollution c. Recycling rubbish d. Conserving water e. Healthy lifestyle f. Conserving Energy (electricity, gas, oil, for heating, lighting, car travel) g. Stable government h. Owning a computer 34. Which would you prefer to be?

Rich Famous Happy Healthy

35. Which of the following superpowers would you most like to have?

Invisibility Super strength Telepathy (read minds) Fly Freeze time